Name: Date:

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| CLB 3: Abilities – Reading – Helping 2 |

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| **Key Words** | **Meaning** |
| ability | things we can do |
| assist | help |
| accommodate | make changes to help |
| environment | the space around us—the building, the room, the furniture, etc. |
| assistive technology | tools or technology to help us do things easily |
| design | create, make in a certain way |
| visible | you can see it |
| invisible | you can’t see it |
| barrier | something in your way, something that slows you down, something that stops you |

**Instructions**: Read the following information.

**Instructions**: Listen to your instructor. Write the word s/he says.

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| --- | --- | --- | --- |
| 1 |  | 6 |  |
| 2 |  | 7 |  |
| 3 |  | 8 |  |
| 4 |  | 9 |  |
| 5 |  |  |  |

**Instructions**: Review these ideas. What can you do? Match the tool on the left with the ability on the right. If you don’t know the tool, use the internet. Find a picture or a definition.

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| --- | --- | --- | --- | --- |
|  | **Tool** |  |  | **Ability** |
|  | pen |  | A | I can go up and down, or in and out. |
|  | lightbulb |  | B | I can write a test or sign my name. |
|  | ramp |  | C | I can move around. |
|  | wheelchair |  | D | I can cross safely |
|  | blue paper |  | E | I can see at night, in the dark. |
|  | text-to-speech software |  | F | I can listen to my emails. I can find apps on my computer. |
|  | cane |  | G | I can find my way around. |
|  | beeping noise at crosswalks |  | H | I can see text on paper. |
|  | eyeglasses or contact lenses |  | I | I can see clearly. |
|  | hearing aid |  | J | I can use my voice to use the lights, computer, TV, etc. |
|  | voice command technology |  | K | I can read and fill in reports and handouts. |
|  | large-sized text |  | L | I can walk and dance and run. |
|  | mouth stick |  | M | I can type on the computer. |
|  | elevator voice |  | N | I can get on and off at the correct floor. |
|  | pencil grip |  | O | I can hear. |
|  | prosthetic leg |  | P | I can understand a different language. |
|  | online translator/ translation app |  | Q | I can walk up or down, in or out. |
|  | stairs |  | R | I can hold my pencil or pen without pain. |

**Instructions**: Answer the questions below

Q1. What is an ability?

1. something you can do
2. something you can’t do
3. something you want to do

Q2. What does assist mean?

1. hurt
2. help
3. stop

Q3. What is another word for technology?

1. question
2. tool
3. idea

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| Assistive technology is another way to say tools that help us do things. |

**Instructions**: Look at the tools in the list again. Answer the questions below.

Q1. Which tools do you use? What do they help you do?

Q2. What do the tools help people to do? Who uses them? Why?

Q3. Do you see these tools at your home, school, or workplace?

Q4. Can you think of other tools, or technology, that assist people?

Q5. What is a different ability?

Q6. What is a disability?

Q7. Why do we say “different ability” and not “disability”?

**Instructions**: Look at the picture below.

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|  |

Q6. Are they disabled? Why or why not?

Q7. What tool do they need to go in?

**Instructions**: Look at the picture below.

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| It is so dark! I can’t see anything. I can’t do anything. Help!  The dark is no problem. I can do anything I want!  **A**  **B** |

Q8. Is A disabled? Why or why not?

Q9. Is B disabled? Why or why not?

Q10. What tool does A need?

Q11. Will the tool help B?

**Instructions**: Imagine a room like this.

Oh my!   
The ceiling is low. The door is low. This is not comfortable. I can’t stand up. I can’t work here.

I’m very comfortable. Everything is fine for me. I can work here.

Q12. Who can use the room easily? Who can’t use the room easily?

Q13. Why is the room comfortable for one person, but not another?

Q14. What tools or changes can help everyone use this room easily?

**Instructions**: Look around the room you are in now.

Q15. Who can use the room easily? Who can’t use the room easily?

Q16. Why is your room comfortable for some people, but not others?

Q17. What tools or changes can help everyone use your room easily?

**Important**

**Everyone is different**

Everyone has different abilities. We think, learn, and move differently. We can use our bodies differently. Can you…

…use your legs?

…use your hands and fingers?

…use your eyes?

…use your ears?

…use your mind?

Sometimes, we use tools and technology to help us use our bodies and minds better.

Sometimes, our body is not the problem. Sometimes, our environment is a barrier.

Look around at your environment. The floor, the door, the tables, desks, windows, water fountains, bathrooms, etc., are probably for people who can use their legs. We have books and computers. These are usually for people who can use their legs, arms, eyes, and ears.

Who designs our environment? People that can use their whole body. The environment is sometimes easier and more comfortable for people with many abilities.

**What is disability?**

Disability means people can’t use the environment. There is a barrier. A barrier stops us from thinking, learning, or moving easily. Sometimes, a disability means we don’t have the right tools. Sometimes, a disability means our environment is not right for us. But, the word disability sometimes means the *person* is the problem. So, some people say “different ability”. Not everyone says disability to talk about themselves. Lorne, for example, does not say he is disabled. He does not say he has a disability.

**What can we do?**

We can listen and learn from people with different abilities. We can ask about help. We can ask about respectful words. We can include people. We can use assistive technology. We can make accommodations.

**What tools do you need?**

1. I broke my leg. I can’t walk on it. So, I need….\_
2. I have weak eyesight. I can’t see far distances. So, I need…
3. I have a special vision. I can’t read text on white paper. So, I need…
4. I have autism. I can’t work in busy, noisy places. So, I need…
5. I was in a car accident. I can’t use my legs to get around. So, I need…
6. I use a wheelchair. I can’t use stairs. So, I need…
7. I am deaf. I can’t hear the class. So, I need…
8. I have arthritis. I can’t hold a pencil for a long time. So, I need…
9. I get migraines. I can’t work in strong light. So, I need…
10. I have low vision. I can’t read my emails. So, I need…