Name: Date:

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| CLB 3: Abilities – Reading - Helping |

**Instructions:** Look at the information below. Use your highlighter. Highlight the information your instructor reads. Ask your instructor if you don’t understand any information.

e.g.) Highlight rule #1.

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| **Rules for Helping People with Disabilities**  **Adapted from Jackie Conley**   1. Always treat people with different abilities as equals.   All people want to have friends, fun, and experience life. Never be afraid to talk to someone with a different ability. Include friends, classmates, and co-workers.   1. Always ask before you help.   People with different abilities have different levels of independence. Never **assume** someone with a different ability has a low-level of ability. Not everyone wants help. Not everyone needs help. Help means something different for everyone. Never **assume** people want or need help. Does someone look like they’re struggling? Ask, “Would you like some help?” or, “How can I help you?”   1. Never **assume** someone has, or doesn’t have, a disability.   Everyone is different. Every ability is different. Sometimes, you can see people have different abilities. Sometimes, you can’t see the difference. Some people use technology or tools. Some people do not. Treat people as individuals.   1. Do not **stare**.   People with different abilities deserve respect. Do not **stare** at a person with a different ability. Also, do not ignore them.   1. Use respectful words.   People with different abilities are people first. Don’t **assume** a different ability is a problem. Talk about people as people. Say, “He is a person with low vision”. Don’t say, “He is a blindman”. Say, “He is a person who uses a wheelchair”. Don’t say “He is a cripple” or “He is handicapped”. Say, “He is a person with autism”. Don’t say, “He is an autistic”. If you are not sure, ask the person about the most respectful words. |

**Instructions:** Read the information again. Answer the questions below.

Q1. What is the information about?

1. How to make friends with people with different abilities
2. How to help people with different abilities
3. How to act like people with different abilities

Q2. How many rules are there?

1. 2
2. 3
3. 5

Q3. What does **assume** mean?

1. think or accept that something is true but without having proof of it
2. use something, especially fuel, energy or time
3. to tell somebody that something is definitely true or is definitely going to happen, especially when they have doubts about it

Q4. Someone looks like they’re struggling. What should you do?

1. ask if he/she needs help.
2. help him/her first. Then, ask his/her name.
3. not approach him/her.

Q5. Why should you treat a person with a different ability as an individual?

1. Because people are the same.
2. Because everyone is different.
3. Because men and women are different.

Q6. What does stare mean?

1. a set of steps built between two floors inside a building
2. to look at somebody/something for a long time
3. a large ball of burning gas in space that we see as a point of light in the sky at night

Q7. What is a respectful way to talk about a classmate who cannot see?

1. He is a blindman.
2. He has low vision.
3. I should ask about the most respectful words.

Q8. Do you follow these rules by Jackie Conley? Explain.

**References**

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adapted from Conley, J. How You Can Help [web log post]. Retrieved December 28, 2019, from https://disabilityawareness4you.wordpress.com/how-you-can-help/